



# DAULTON

Physical Therapy  
and Fitness  
— Total Body Balance —

1600 Maxwell Drive Suite 7 Hudson WI 54016

## Fitness Classes and Private Session Rates

Call 844-328-5866 or visit [www.daultonpt.com](http://www.daultonpt.com) to Schedule

### New Client Special

#### **PILATES**

**FREE 30-Minute Introductory Session**  
Plus Three Private Sessions (55min)  
\$140

### Private Sessions

(60 minutes)

#### **PILATES OR PERSONAL TRAINING**

Single session rate \$85

5 Sessions \$400 (\$80/each)  
10 Sessions \$750 (\$75/each)

### FITNESS CLASSES

STRETCH and RELEASE  
MAT / MIXED PILATES

All classes 50 minutes and once/week\*

7 week session \$115.50 (\$16.50/class)

Single Drop-In \$18/class

*\*5% discount if signing up for 2 or more class sessions/week*

CORE STABILIZATION GROUP  
TRAINING

6 sessions \$125 (\$25/class) - 1hr 15min  
taught by PT or PTA

(Updated 12/2020)

### Duet Sessions

(60 minutes)

#### **PILATES OR PERSONAL TRAINING**

Single session rate \$60\*

5 Sessions \$275\* (\$55/ session each)  
10 Sessions \$500\* (\$50/session each)

\*Per person rates

### Pilates Group Reformer

(3-4 People, Per Person rates for 60 min))  
(must have previous reformer instruction)

1x per week/ 7 weeks \$200  
2x per week/ 7 weeks \$390  
3x per week/ 7 weeks \$550